



Muira Puama Extract

2 fluid ounces (60 ml) per bottle.

Retail price: \$18.95

A rainforest botanical traditionally used in South America for its ability to increase sexual desire, libido and performance.[†] For more complete information on this unique rainforest plant, please see the Raintree Nutrition internet website and the online [Tropical Plant Database](#). Raintree's double concentrated extract utilizes new technology to concentrate and preserve the active phytochemicals in this high quality Amazon plant. The active constituents in Muira puama are a group of terpenes, phenols and a resin which are not soluble in water (or the stomach acid). Taking ground bark capsules will provide little or any benefit! Our science and research with this important rainforest botanical results in a proprietary extract which is unmatched in other products. Raintree's Muira Puama extract is processed with heat and high grade alcohol ensuring a product which is rich in soluble bioavailable active ingredients and provides the highest benefits possible. Don't settle for less or judge the effectiveness of Muira Puama on inferior products!

Ingredients: Muira puama bark and root (*Ptychopetalum olacoides*) extracted in distilled water and 40% ethanol.

Suggested Use: Take 60 drops (2 ml) 2 or more times daily.

Contraindications: Not to be used during pregnancy or while breast-feeding.

Drug Interactions: None reported.

Other Observations: None reported.

Clinical Documentation and Research:

This Raintree product has not been the subject of any clinical research. Available third-party documentation and clinical research on Muira puama can be found at the Raintree website. A partial listing of published research on Muira puama is shown below:

Waynberg, J. "Male sexual asthenia-interest in a traditional plant-derived medication." *Ethnopharmacology*, 1995.

Paiva, Laf, et al. "Effects of *Ptychocephalum olacoides* extract on mouse behaviour in forced swimming and open field tests." *Phytother. Res.* 1998; 12(4): 294-96.

Vaz, Z. R., et al. "Analgesic effect of the herbal medicine Catuama in thermal and chemical models of nociception in mice." *Phytother. Res.* 1997; 11(2): 101-6.

Gaebler, H. "Revival of the drug Muira puama." *Deut. Apoth.* 1979; 22(3): 94-6.

Dias Da Silva, Rodolpho. "Medicinal plants of Brazil. Botanical and pharmacognostic studies. Muira puama." *Rev. Bras. Med. Pharm.* 1925; 1(1): 37-41.

Siqueira, I. R., et al. "*Ptychopetalum olacoides*, a traditional Amazonian "nerve tonic", possesses anticholinesterase activity." *Pharmacol. Biochem. Behav.* 2003; 75(3): 645-50.

da Silva, A. L., et al. "Anxiogenic properties of *Ptychopetalum olacoides* Benth. (Marapuama)." *Phytother. Res.* 2002; 16(3): 223-6.

Antunes, E., et al. "The relaxation of isolated rabbit corpus cavernosum by the herbal medicine Catuama and its constituents." *Phytother. Res.* 2001; 15(5):416-21.

Auterhoff, H., et al. "Lipophilic constituents of Muira puama." *Arch. Pharm. Ber. Dtsch. Pharm. Ges.* 1971; 304(3): 223-28.

This product is sold through health practitioners and retail stores. Please contact a health professional concerning other observations and/or effects of this product and/or if you have any disease, condition, or illness for which you are seeking treatment or products for.

Manufactured By:

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[†] The statements contained herein have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, or prevent any disease.